



Nutritional Risk Assessment / Full - V 4

Resid: ~~XXXXXXXXXX~~
Category: NA
Allergies: Bee venom

Effective Date: 10/22/2025 09:41
Physician: Fasciana, Guy

Admission: 10/21/2025
Type: Admission

A. Weight status; loss or gain

1.

- a. BMI 19-27 No weight change
- b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
- c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

2. Comments:

Weight 10/21 134.8lb, -22.2lb (14.1% severe loss) since previous stay/x1mon. Day 2 weight pending. BMI 19.3. 70"

B. Intake

1.

- a. Intake meets 76-100% of estimated needs
- b. Intake meets 26-75% of estimated needs
- c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% of Regular, Regular, Thin Liquids. Independent at meals. Upper dentures present

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

1531-1838 (25-30kcal/kg)

1b. Estimated Protein Needs in grams:

61-74g (1.0-1.2g/kg)

1c. Estimated Fluid Needs in ml:

1531-1838ml (25-30ml/kg)

2. Comments:

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

Resident s/p hospitalization d/t pneumonia w/ chest tube Acute resp failure, Pleural effusion, Severe PCM, COPD,

E. Medications; Nutrition-related

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Resk: [REDACTED]

Category: NA

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Physician: Fasciana, Guy

Admission: 10/21/2025

Type: Admission

- 1.
- a. 0 - 1 drugs/day
 - b. 2 - 4 drugs/day
 - c. 5 or more drugs/day

2. Comments:

Bowel meds, Folic Acid, Montelukast, Penicillin, Rosuvastatin, morphine, Furosemide 20mg qd,

F. Physical and mental functioning

- 1.
- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
 - b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
 - c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

G. Lab values

- 1.
- a. Albumin and other nutrition- related lab values WNL
 - b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition- related labs abnormal
 - c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

10/16: Na 137, K 3.8, Cl 96, CO2 32, CUN 43, Cr 1.0, Tot Pro 5.8, Hgb 8.8, Hct 27.4

H. Skin condition

- 1.
- a. Skin intact
 - b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
 - c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areas or edema noted

I. Additional Comments

1. Additional Comments:

Resident s/p hospitalization d/t pneumonia w/ chest tube. Meal intakes 76-100% of Regular, Regular, Thin Liquids. Independent at meals. Upper dentures present. Weight 10/21 134.8lb, -22.2lb (14.1% severe loss) since previous stay/x1mon. Day 2 weight pending. BMI 19.3. Weekly weight x4 in place. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

10/22/2025

10/22/2025 *Nutrition
10:49 Note

Note Text: Resident pleasant upon visit, food and beverage preferences reviewed. Resident w/ recent weight loss, reports poor/ varied appetite since last facility stay. Additionally states drinking Boost at home, 2.0 trialed w/ good acceptance/resident would qd. Additional nutrition added at meals. Day 2 weight pending. Weekly weights in place. Will monitor and follow [linked]

view 10/22/2025 *Nutrition Note
09:43

Note Text: Admission assessment completed, see assessment 10/22 for full details. Resident s/p hospitalization d/t pneumonia w/ chest tube. Meal intakes 76-100% of Regular, Regular, Thin Liquids. Independent at meals. Upper dentures present. Weight 10/21 134.8lb, -22.2lb (14.1% severe loss) since previous stay/x1 mon. Day 2 weight pending. BMI 19.3. Weekly weight x4 in place. Will monitor and follow

11/24/25, 9:56 AM

Progress Notes

11/12/2025
13:39

*Nutrition
Note

Note Text: Made aware via CRNP, resident reported varied appetite. Meal intakes 51-100% of Regular, Thin Liquids. Fortified foods. 2.0 supplement 120mL qd in place at this time 100%. Last weight obtained 136.2lb, +2.6lb x1wk. Remeron 15mg qd started 10/24. Discussed w/ CRNP and resident. RD in during end of lunch today, resident w/ poor intake. He does not want anything additional at meals. Recommendation to increase 2.0 supplement 120mL BID. Weekly weights remain in place. Will monitor and follow

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