

Sever diarrhea

Patient Name: [REDACTED]

Admission Date: 02/23/26 22:30:00

Facility:  
Wilkes-Barre General Hospital  
575 North River Street  
Wilkes-Barre PA 187640999

## \* Final Report \*

### Nutrition Recommendations

1. continue heart healthy diet
2. encourage adequate PO intakes of meal.
3. trial Ensure Max Protein to assist meeting her needs with her recent meal avoidance

### Nutrition Risk Level

moderate

### Assessment and Monitoring

Patient seen for initial nutrition assessment for LOS. Admitted for UTI and diagnosed with Pneumonia. PMH notable Atrial fibrillation, CVA, HTN, Hyperlipidemia, Hypothyroidism, diverticulosis. Patient reports severe diarrhea, she feels this is related to antibiotic. She reported good appetite, she had her breakfast, but states she is trying to avoid eating the meals to decrease her bowel movement and she barely touched the lunch. She is trying to drink water as much as she can, she reported a general fatigue feeling. She mentioned that she is living by her self and trying to have healthy meals either by friends, family members or food orders. She reports utilizing protein shakes at home. ONS offered to help meet her needs and patient agreeable to Ensure chocolate flavor. Patient weight PMH noted to be increased during the last 10 months by 6%, no Edema noted. No fat or muscle loss noted in her NFPE, patient is morbidly Obese. Patient encouraged to keep drinking fluids to rehydrate her body after the severe diarrhea and advised to choose diabetic friendly meals when she is discharged. Will continue monitor and follow-up as per protocol.

### Nutrition Diagnosis

Inadequate oral intake r/t acute illness/injury a/e/b patient interview, meal observation

### Nutrition Goals

meet nutrient needs, meal intakes >50%  
Healthy weight loss

### Nutrition Interventions

encourage adequate PO intakes  
trial Ensure Max Protein (chocolate flavor)

### Anthropometrics/Estimated Needs

Patient Weight Kilograms: 144.7 kg (02/24/2026 05:41)  
Patient Weight (kg): 144.7 kg (02/24/2026 05:41)

### Reason for Visit

pt found by nephew with altered mental status today. LKW is unknown.

### Problem List/Past Medical History

#### Ongoing

- Acquired hypothyroidism
- Bacteremia, coagulase-negative staphylococcal
- Colon, diverticulosis
- DM (diabetes mellitus), type 2
- History of CVA in adulthood
- HLD (hyperlipidemia)
- Hyponatremia
- Intrinsic sphincter deficiency
- Mixed hyperlipidemia
- Morbid obesity
- Morbid obesity with BMI of 45.0-49.9, adult
- Morbid obesity with BMI of 50.0-59.9, adult
- Paroxysmal A-fib
- Paroxysmal atrial fibrillation
- Positive blood culture
- Prerenal renal failure
- Rhabdomyolysis
- Stress incontinence in female
- T2DM (type 2 diabetes mellitus)
- Type 2 diabetes mellitus
- Urinary tract infection
- UTI symptoms

#### Historical

- Atrial fibrillation

Result type: Nutrition Records  
 Result date: March 02, 2026 13:07 EST  
 Result status: Auth (Verified)  
 Result title: Nutrition Note  
 Performed by: Dasa, Reem Y Student Worker on March 02, 2026 14:14 EST  
 Verified by: Dasa, Reem Y Student Worker on March 02, 2026 14:14 EST  
 Encounter info: PAWB001066847, PA Wilkes Barre, Inpatient, 2/23/2026 -

Printed by: Dasa, Reem Y Student Worker  
Printed on: 03/02/2026 14:14 EST