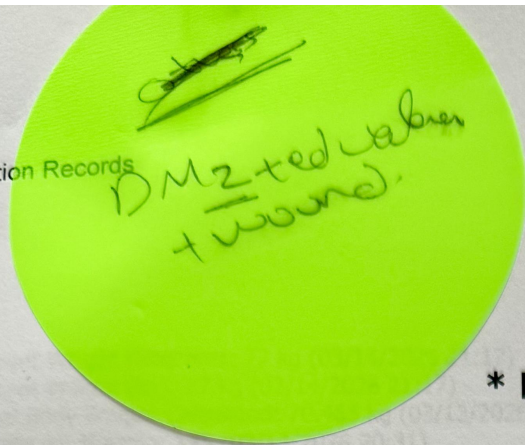


Nutrition Records



Facility:
Wilkes-Barre General Hospital
575 North River Street
Wilkes-Barre PA 187640999

*** Final Report ***

Nutrition Recommendations

1. Continue CHO diet
2. Encourage adequate PO intakes of meals.
3. trial Ensure Max daily (chocolate)

Nutrition Risk Level

Moderate

Assessment and Monitoring

pt seen for initial nutrition assessment secondary to nutrition consult for ADA diet. Patient is a 64-year-old admitted C/o of right thigh pain. PMH notable Benign essential HTN, Charcot foot d/t DM, Hyperlipidemia, DM2 . diagnosed with Cellulitis of right thigh and Hematoma of right thigh. Pt visited this Pm, he was pleasant , reported good Appetite, denied any Nausea, chewing or swallowing problems, denied any diarrhea or constipation. he had almost 100% of his lunch tray. No significant weight changes recently. NFPE unremarkable. ONS offered and patient was agreeable to Ensure max (chocolate flavor) asked questions about CHO controlled diet, RD provided diet education handout for review- pt w/o further questions at this time. Will continue to monitor and follow-up as per protocols.

Estimated energy needs (ABW 77):
Energy: 25 -30 Kcal/ Kg = 1925 - 2310 Kcal
Protein: 1.2 - 1.5/ kg = 92.4 - 115.5 gm
Fluid: 1ml /Kcal = 1925 - 2310 ml

Nutrition Diagnosis

increased nutrient needs r/t wound healing a/e/b wound in the r lower extremity.

Nutrition Goals

meet nutrient needs, weight maintenance, promote wound improvement, meal intakes of 75%, supplement acceptance

Nutrition Interventions

Continue CHO Controlled diet
Trial Ensure Max Protein daily - Chocolate

Nutrition Education

diet education provided about ADA diet

Anthropometrics/Estimated Needs

Result type: Nutrition Records
 Result date: March 19, 2026 12:26 EDT
 Result status: Auth (Verified)
 Result title: Nutrition Note
 Performed by: Dasa, Reem Y Student Worker on March 19, 2026 13:06 EDT
 Verified by: Dasa, Reem Y Student Worker on March 19, 2026 14:00 EDT
 Encounter info: PAWB001075300, PA Wilkes Barre, Inpatient, 3/13/2026 -

Printed by: Dasa, Reem Y Student Worker
Printed on: 03/19/2026 14:01 EDT

Reason for Visit

c/o R hip bump/swelling since sunday, states carrying coal buckets but denies hitting hip

Problem List/Past Medical History

Ongoing

- Benign essential HTN
- Charcot foot due to diabetes mellitus
- Diarrhea
- Hyperlipidemia
- Type 2 diabetes mellitus

Historical

- Diabetes
- Hypercholesteremia
- Hypertension

Procedure/Surgical History

- Incision And Drainage (Right) (03/18/2026)
- Colonoscopy, flexible; diagnostic, including collection of specimen(s) by brushing or washing, when performed (separate procedure)

Social History

Alcohol

Never

Home/Environment/Abuse

Lives with Spouse. Living situation: Home/Independent.

Injuries/Abuse/Neglect in household:

No. Abuse Concerns: No Signs or