

Pressure ulcer wound

Facility:
Wilkes-Barre General Hospital
575 North River Street
Wilkes-Barre PA 187640999

*** Final Report ***

Nutrition Recommendations

1. continue regular diet
2. encourage increase in protein consumption through diet

Nutrition Risk Level

Moderate

Assessment and Monitoring

Patient seen for initial nutrition assessment, due to having wound on sacrum area. She was admitted for left foot pain and a history of fall. PMH notable for GERD, Osteoarthritis, osteoporosis. DJD, Normocytic anemia and Systolic murmur. Patient seen this AM, she reported good appetite, she denied any GI discomfort, she denied swallowing and chewing problems. No significant weight changes, around 5.9% decrease in her weight noticed during the last 7 months per EMR hx, no fat or muscle loss noticed in her NFPE. Good meal completion observed for her breakfast. Offered to start taking protein supplement to promote wound healing, but she declined and she preferred to include more protein sources in her meals. will continue to monitor and follow up per protocols.

Estimated daily nutrition needs (ABW 57.6kg)
 25-30 Kcal / Kg ABW: 1440-1728kcal
 1.5 gm protein ABW : 86.4gm
 1ml / Kcal: 1440-1728mL

Nutrition Diagnosis

increased nutrition needs r/t wound healing and age a/e/b chronic pressure wound on coccyx.

Nutrition Goals

Maintain weight and appetite
 promote wound improvement
 Meet nutrient needs

Nutrition Interventions

Encourage PO intake to promote wound improvement
 Review and encourage protein sources

Anthropometrics/Estimated Needs

Reason for Visit

Pt arrived via EMS from home due to left foot pain after 2 falls yesterday. Pt has been having frequent falls since Christmas. Pt has a chronic pressure wound on sacrum. Pt took aleva prehospital

Problem List/Past Medical History

Ongoing

- Ambulatory dysfunction
- DJD (degenerative joint disease)
- Normocytic anemia
- Systolic murmur

Historical

No qualifying data

Procedure/Surgical History

- INTRODUCTION OF ANESTHETIC AGENT INTO JOINTS, PERCUTANEOUS APPROACH (05/20/2025)
- INTRODUCTION OF ANTI-INFLAMMATORY INTO JOINTS, PERCUTANEOUS APPROACH (05/20/2025)
- EGD With Biopsy (06/10/2024)

Social History

Alcohol

Never

Home/Environment/Abuse

Lives with Alone. Living situation: Home/Independent.
 Injuries/Abuse/Neglect in household: No. Abuse Concerns: No Signs or

Result type: Nutrition Records
 Result date: March 02, 2026 10:47 EST
 Result status: Auth (Verified)
 Result title: Nutrition Note
 Performed by: Dasa, Reem Y Student Worker on March 02, 2026 11:54 EST
 Verified by: Dasa, Reem Y Student Worker on March 02, 2026 11:54 EST
 Encounter info: PAWB001069133, PA Wilkes Barre, Inpatient, 2/28/2026 -

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