

Significant weight change

Facility:  
Wilkes-Barre General Hospital  
575 North River Street  
Wilkes-Barre PA 187640999

## \* Final Report \*

### Nutrition Recommendations

1. Recommend timely diet advancement as able to utilize GI tract.

### Nutrition Risk Level

High

### Assessment and Monitoring

Pt seen for initial nutrition assessment secondary to nutrition consult. she was admitted d/t 10/10 abdominal pain and distention. The patient is a female with a past surgical history significant for cesarean section and prior hernia repair who presents via EMS with 2 days of progressively worsening abdominal pain. She reports associated nausea, repeated vomiting, and marked abdominal distention. she was diagnosed with Acute Duodenal obstruction, Acute Pancreatitis, elevated lactate. Possible SMA syndrome per Surgery/GI notes. GI planning for EGD/EUS tomorrow, notes pt may require parenteral nutrition. Pt remains NPO Now, NGT in place to decompression. Severe weight loss of 27% in one year. NFPE shows severe fat loss at orbital, cheek, upper arm region, and severe muscle loss at temple, clavicle and calf region. She reports she would be agreeable to trial ONS to assist with meeting nutrient needs and weight gain upon diet advancement as able. If parenteral nutrition is pursued per care team, pt would meet ASPEN criteria for same d/t malnutrition present on admission. Will continue to monitor and follow - up as per protocol.

Estimated daily nutrient needs (IBW 48kg)

Energy : 25 - 30 = 1200 - 1440 Kcal

Protein : 1.2 - 1.5 gm / Kg = 58 - 72 gm

Fluid : 1ml / Kcal = 1500 ml Minimum

### Malnutrition Indicators

#### Malnutrition in Chronic Illness

Chronic Illness Energy Intake: <75% est energy requirement for >/= 1 month (03/04/2026 14:00)

Weight Loss MCI: >20% in 1 year (03/04/2026 14:00)

Body Fat Loss: Severe buccal, Severe orbital, Severe tricep (03/04/2026 14:00)

Muscle Mass Loss: Severe temporal wasting, Severe clavicle wasting, Severe calf wasting (03/04/2026 14:00)

Malnutrition Findings MCI: Severe malnutrition (03/04/2026 14:00)

### Nutrition Diagnosis

Result type: Nutrition Records  
Result date: March 04, 2026 14:49 EST  
Result status: Auth (Verified)  
Result title: Nutrition Note  
Performed by: Dasa, Reem Y Student Worker on March 04, 2026 15:45 EST  
Verified by: Dasa, Reem Y Student Worker on March 04, 2026 15:45 EST  
Encounter info: PAWB001070483, PA Wilkes Barre, Inpatient, 3/3/2026 -

Printed by: Dasa, Reem Y Student Worker  
Printed on: 03/04/2026 15:51 EST

### Reason for Visit

pt c/o 10/10 abdominal pain with increased swelling and distention over 2d; accu 224; placed on 2L for comfort

### Problem List/Past Medical History

#### Ongoing

Cannabinoid hyperemesis syndrome

#### Historical

No qualifying data

### Social History

#### Alcohol

Never

#### Home/Environment/Abuse

Living situation: Home/Independent.

Injuries/Abuse/Neglect in household:

No. Abuse Concerns: No Signs or Symptoms. Neglect Concerns: No Signs or Symptoms.

#### Marijuana Recreational Use

Current some day smoker

#### Nutrition/Health

Regular diet Diet:.

#### Psychosocial

No Hospital Clergy to Visit:.

#### Substance Abuse

Never

#### Tobacco

No tobacco use of any form, Former smoker, quit more than 30 days ago

### Family History

Cardiovascular disease: Father.

### Diet Orders