

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]  
 Description: Admission  
 Date: 11/17/2025 09:04  
 Section Status: Signed   
 Lock Date: 11/17/2025 13:53

Regenerate Triggers Cancel

SECTION Cust. Nutritional Risk Assessment / Full - V 4

<p><b>A.</b> Weight status; loss or gain</p>	<p>1. <input type="radio"/> H</p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> a. BMI 19-27 No weight change</li> <li><input type="radio"/> b. &lt;5% wt change in 30 days; &lt;7.5% within 90 days; or &lt;10% within 6 mo</li> <li><input type="radio"/> c. BMI &lt;19 or &gt;27; &gt;5% wt change in 30 days; &gt;7.5% in 90 days; or &gt;10% within 6 mo</li> </ul> <p>1a. Usual Body Weight (UBW) in pounds: <input type="text"/> H</p> <p>2. Comments: <input type="text"/> H</p> <p>Weight 111.81b, BMI 23.4. 58"</p>
<p><b>B.</b> Intake</p>	<p>1. <input type="radio"/> H</p> <ul style="list-style-type: none"> <li><input type="radio"/> a. Intake meets 76-100% of estimated needs</li> <li><input type="radio"/> b. Intake meets 26-75% of estimated needs</li> <li><input type="radio"/> c. Intake meets &lt;25% of estimated needs</li> </ul> <p>2. Comments: <input type="text"/> H</p> <p>Meal intakes 51-100% of Regular, Regular, thin Liquids. Full upper dentures, natural lower dentition</p>
<p><b>C.</b> Estimated Needs</p>	<p>1a. Estimated Energy Needs in kcal: <input type="text"/> H</p> <p>1270-1524 (25-30kcal/kg)</p> <p>1b. Estimated Protein Needs in grams: <input type="text"/> H</p> <p>51-60g (1.0-1.2g/kg)</p> <p>1c. Estimated Fluid Needs in ml: <input type="text"/> H</p> <p>1270-1524ml (25-30ml/kg)</p> <p>2. Comments: <input type="text"/> H</p>
<p>Relevant conditions and</p>	<p>1. Choose all that apply: <input type="text"/> H</p>

**diagnoses**

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

**2. Comments:** H

Resident s/p hospitalization, presented to ED w/ swallowing difficulty and has not been eating or drinking for the past 2 days. Resident w/ septic shock 2/2 to suspected pneumonia  
 Fx of thoracic vertebra, Pneumonia, Resp failure, Mild PCM, Anxiety, Depression

**E. Medications; Nutrition-related**

**1.** H

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

**2. Comments:** H

Bowel meds, Ativan, Folic Acid, Levothyroxine, Remeron, Ativan, Zoloft, Trazodone

**F. Physical and mental functioning**

**1.** H

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

**2. Comments:** H

**G. Lab values**

**1.** H

- a. Albumin and other nutrition- related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition- related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

**2. Comments:** H

CBC/CMP ordered for 11/20

**H. Skin condition**

**1.** H

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

**2. Comments:** H

No staged areas or edema noted

I. Additional Comments

1. Additional Comments: E H  
Resident s/p hospitalization, presented to ED w/ swallowing difficulty and has not been eating or drinking for the past 2days. Resident w/ septic shock 2/2 to suspected pneumonia. Meal intakes 51-100% of Regular, Regular, thin Liquids. Full upper dentures, natural lower dentition. Weight 111.8lb, BMI 23.4. Resident pleasant upon visit, food and beverage preferences reviewed. Resident states UBW ~111lb w/ hx supplement use at home. Yogurt added to all meals. Weekly weights x4 in place. Will monitor and follow

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10:53 AM

Progress Notes

\*Nutrition  
Note

**Note Text:** Healthshake trialed w/ resident w/ good acceptance. Resident would like qd. Recommendation to add Healthshake qd. Weekly weights x4 in place. Will monitor and follow

11/19/2025  
14:46

*[Faint handwritten notes, possibly including "Healthshake" and "weekly weights"]*