



(1)

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]
Category: NA
Allergies: Synvisc

Effective Date: 11/11/2025 10:36
Physician: Fasciana, Guy

Admission: 05/14/2025
Type: Quarterly

A. Weight status; loss or gain

PES : Increased nutrient needs (protein) related to impaired skin integrity as evidenced by multiple pressure injuries, Malnutrition

1.
 - a. BMI 19-27 No weight change
 - b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
 - c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

[REDACTED]

2. Comments:

WT 117.9 lb , - .1 lb x 1 month , + .7 lb x3 monthes , 10.1 lb x 6 months weigh without significant change at month 1, 3, and 6. BMI: 22.3 Height: 61.0 Inches

B. Intake

1.
 - a. Intake meets 76-100% of estimated needs
 - b. Intake meets 26-75% of estimated needs
 - c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% of Fortified diet, Pureed texture, Nectar consistency Staff feed; upright position as tolerated; extra gravy; applesauce every meal Liquid Protein, two times a day 30mL BID or equivalent supplement

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

1339-1607 (25-30kcal/kg)

1b. Estimated Protein Needs in grams:

64- 80 g (1.2 - 1.5 / kg)

1c. Estimated Fluid Needs in ml:

1750-2100ml (25-30ml/kg)

2. Comments:

[REDACTED]

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

Mod PCM, DM, HTN, GERD HX HYPOKALEMIA, HYPOMAGNESEMIA, HLD

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]

Effective Date: 11/11/2025 10:36

Admission: 05/14/2025

Category: NA

Physician: Fasciana, Guy

Type: Quarterly

Allergies: Synvisc

E. Medications; Nutrition-related

1.

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

2. Comments:

Folic Acid Pantoprazole Vitamin C Insulin Ferrous Sulfate Lisinopril Carbidopa-Levodopa

F. Physical and mental functioning

1.

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

Staff feed; upright position as tolerated; extra gravy; applesauce every meal

G. Lab values

1.

- a. Albumin and other nutrition- related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition- related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

no recent labs in chart

H. Skin condition

1.

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

DTI to right great toe

I. Additional Comments

1. Additional Comments:

Meal intakes 76-100% of Fortified diet, Pureed texture, Nectar consistency. Staff feed; upright position as tolerated; extra gravy; applesauce every meal. Liquid Protein, two times a day 30mL BID or equivalent supplement. WT 117.9 lb , - .1 lb x 1 month , + .7 lb x3 months , 10.1 lb x 6 months weigh without significant change at month 1, 3, and 6. BMI: 22.3. DTI to right great toe. Resident pleasant upon visit, food and beverage preferences reviewed. Will continue w/ current plan of care. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/11/2025



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Nutritional Risk Assessment / Full - V 4

Resident:

Effective Date: 11/12/2025 10:42

Admission: 08/07/2025

Category: NA

Physician: Minora, Barry A

Type: Quarterly

Allergies: No Known Allergies

A. Weight status; loss or gain

1.

PES: Controlled CHO diet related to DM as evidenced by Hba1c 5

- a. BMI 19-27 No weight change
- b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
- c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

[Empty text box for Usual Body Weight]

2. Comments:

Weight 11/6 125.8lb, +1.6lb x1mon, +1.6lb since 8/7. Noted loss 8/7 to 8/8 and gain from 9/1 to 9/9. BMI 21.6. 64"

B. Intake

1.

- a. Intake meets 76-100% of estimated needs
- b. Intake meets 26-75% of estimated needs
- c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% w/ few outliers 51-75% of controlled CHO, Regular, Thin Liquids. Independent at meals.

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

1429-1715 (25-30kcal/kg)

1b. Estimated Protein Needs in grams:

57-68g (1.0-1.2g/kg)

1c. Estimated Fluid Needs in ml:

1492-1715ml (25-30ml/kg)

2. Comments:

[Empty text box for comments]

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

Anemia, Cirrhosis of liver, Portal HTN, Pancytopenia, Splenomegaly, Anxiety, Depression, DM, AKI

E. Medications; Nutrition-related

Nutritional Risk Assessment / Full - V 4

Resid:

(19362)

Effective Date: 11/12/2025 10:42

Admission: 08/07/2025

Category: NA

Physician: Minora, Barry A

Type: Quarterly

Allergies: No Known Allergies

1.

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

2. Comments:

Bowel meds, Trazodone, Sertraline, Gabapentin, B12, Atorvastatin, Lisinopril, Oxycodone, Metoprolol, Insulin, Klonopin, Novolog, Omeprazole,

F. Physical and mental functioning

1.

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

G. Lab values

1.

- a. Albumin and other nutrition-related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition-related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

10/30: Hgb 7.6

H. Skin condition

1.

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areas or edema noted

I. Additional Comments

1. Additional Comments:

Meal intakes 76-100%w/ few outliers 51-75% of controlled CHO, Regular, Thin Liquids. Independent at meals. Weight 11/6 125.8lb, +1.6lb x1mon, +1.6lb since 8/7. Noted loss 8/7 to 8/8 and gain from 9/1 to 9/9. BMI 21.6. Resident pleasant upon visit, food and beverage preferences reviewed. Resident reports hx N/V/D, none reported to nursing staff. 10/30: Hgb 7.6 Noted heme/onc appt scheduled in December. Spoke w/ nurse on unit an MD, resident to have labs drawn. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/12/2025

(3)

Nutritional Risk Assessment / Full - V 4

Resident

Category: NA

Allergies: No Known Allergies

Effective Date: 11/13/2025 12:15

Physician: Fasciana, Guy

Admission: 05/08/2021

Type: Quarterly

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

2. Comments:

Bowel meds, Amlodipine, Acidophilus, Allopurinol, Ozempic,

F. Physical and mental functioning

1.

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

G. Lab values

1.

- a. Albumin and other nutrition- related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition- related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

No recent labs in chart

H. Skin condition

1.

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areas or edema noted

I. Additional Comments

1. Additional Comments:

Meal intakes 51-100% of NAS, Regular, Thin Liquids. Independent at meals. Weight 11/3 303.8lb, -4.6lb x1mon, -4.4lb x3mon, no change x6mon. Weight without significant change at 1, 3, and 6mon. BMI 49. Resident pleasant upon visit, food and beverage preferences reviewed. Resident reported diarrhea x1day, nurse aware. Will continue w/ current plan of care. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/13/2025



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Nutritional Risk Assessment / Full - V 4

Residen _____
Category: NA
Allergies: No Known Allergies

Effective Date: 11/13/2025 12:15
Physician: Fasciana, Guy

Admission: 05/08/2021
Type: Quarterly

A. Weight status; loss or gain

1.

- a. BMI 19-27 No weight change
- b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
- c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

PES: NAS diet related to Hypertension as evidenced by high blood presure readings

1a. Usual Body Weight (UBW) in pounds:

2. Comments:

weight 11/3 303.8lb, -4.6lb x1mon, -4.4lb x3mon, no change x6mon. Weight without significant change at 1, 3, and 6mon. BMI 49. 66"

B. Intake

1.

- a. Intake meets 76-100% of estimated needs
- b. Intake meets 26-75% of estimated needs
- c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 51-100% of NAS, Regular, Thin Liquids. Independent at meals.

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

2071-2485 (15-18kcal/kg)

1b. Estimated Protein Needs in grams:

91-109g (1.0-1.2g/kgAjBW)

1c. Estimated Fluid Needs in ml:

2272-2726ml (25-30ml/kgAjBW)

2. Comments:

Protein and fluid needs calculated using AjBW of 200lb d/t BMI >30

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

DM, Gout, Muscle Weakness, HLD, Depression, HTN

E. Medications; Nutrition-related

1.



(4)

Nutritional Risk Assessment / Full - V 4

Resident#

U25)

Category: NA

Allergies: Codeine, Lithium, Vancomycin, Mushrooms

Effective Date: 11/13/2025 12:34

Physician: Minora, Barry A

Admission: 12/16/2024

Type: Quarterly

A. Weight status; loss or gain

PES: Controlled CHO diet, NAS related to DM and hypertension as evidenced by her blood pressure readings

1.

- a. BMI 19-27 No weight change
- b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
- c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

2. Comments:

Weight 11/3 258.4lb, no change x1mon, +11.2lb x3mon, +15.2lb x6mon. Weight without significant change at 1, 3, and 6mon. BMI 39.3. 68"

B. Intake

1.

- a. Intake meets 76-100% of estimated needs
- b. Intake meets 26-75% of estimated needs
- c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% of Controlled CHO/NAS, Mechanical Soft/Ground, Thin Liquids. Independent at meals.

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

2020-2469 (18-22kcal/kg)

1b. Estimated Protein Needs in grams:

89-104g (1.0-1.2g/kgAjBW)

1c. Estimated Fluid Needs in ml:

2172-2607ml (25-30ml/kgAjBW)

2. Comments:

Protein and fluid needs calculated using AjBW of 191lb d/t BMI >30

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

Ulcerative colitis, DM, AFIB, Epilepsy, Muscle Weakness, Anxiety, Depression, Calculus of Gallbladder, Hx partial intestinal obstruction, Atherosclerotic Heart Disease, GERD, Vit D def, HLD, Anemia, Schizophrenia HTN

(4)

Nutritional Risk Assessment / Full - V 4

Resider

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Category: NA

Allergies: Codeine, Lithium, Vancomycin, Mushrooms

Effective Date: 11/13/2025 12:34

Admission: 12/16/2024

Physician: Minora, Barry A

Type: Quarterly

E. Medications; Nutrition-related

1.

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

2. Comments:

Bowel meds, FerrousSulf, Pantoprazole, Atorvastatin, B12, Lisinopril, Metoprolol, Clozapine, Warfarin

F. Physical and mental functioning

1.

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

G. Lab values

1.

- a. Albumin and other nutrition- related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition- related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

11/11 labs: Hgb 12.8, HgbA1C% 5.8

H. Skin condition

1.

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areas or edema noted

I. Additional Comments

1. Additional Comments:

Meal intakes 76-100% of Controlled CHO/NAS, Mechanical Soft/Ground, Thin Liquids. Independent at meals. Weight 11/3 258.4lb, no change x1mon, +11.2lb x3mon, +15.2lb x6mon. Weight without significant change at 1, 3, and 6mon. BMI 39.3. Resident has been at CBW before w/ hx weight fluctuations. Resident pleasant upon visit, food and beverage preferences reviewed. Will continue w/ current plan of care. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/13/2025



Nutritional Risk Assessment / Full - V 4

Resident: [Redacted]

Effective Date: 11/11/2025 12:41

Admission: 05/07/2017

Category: NA

Physician: Fasciana, Guy

Type: Quarterly

Allergies: Bactrim, Peach, Strawberries, Chocolate, Lactose Intolerance

A. Weight status; loss or gain

PES: Altered nutrition-related labs (A1C) related to uncontrolled diabetes as evidenced by an elevated hemoglobin A1C level of 11%.

- 1.
 - a. BMI 19-27 No weight change
 - b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
 - c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

2. Comments:

Weight 11/6 233.6lb, +2.8lb x1mon, +8.6lb x3mon, -30.8lb (11.6% significant loss) x6mon. BMI 45.6. 60" Weight loss x6mon, overall gradual weight loss beneficial r/t BMI >30.

B. Intake

- 1.
 - a. Intake meets 76-100% of estimated needs
 - b. Intake meets 26-75% of estimated needs
 - c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% of Controlled CHO/NAS, Regular, Thin Liquids. Independent at meals. Allergy to chocolate, peach, strawberry, lactose intolerant

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

1592-1911 (15-18kcal/kg)

1b. Estimated Protein Needs in grams:

69-70g (1.0-1.2g/kgAjBW)

1c. Estimated Fluid Needs in ml:

1743-2092ml (25-30ml/kgAjBW)

2. Comments:

Protein and fluid needs calculated using AjBW of 153lb d/t BMI >30

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

Parkinson's, Muscle Weakness, DM, Mod PCM, Gastroparesis, CKD, Calculus of bile duct, Depression, Heart Failure, Anxiety, GERD, HLD,

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]

Effective Date: 11/11/2025 12:41

Admission: 05/07/2017

Category: NA (5)

Physician: Fasciana, Guy

Type: Quarterly

Allergies: Bactrim, Peach, Strawberries, Chocolate, Lactose Intolerance

Medications; Nutrition-related

- a. 0 - 1 drugs/day
 b. 2 - 4 drugs/day
 c. 5 or more drugs/day

2. Comments:

Bowel meds, Famotidine, Lactaid, Furosemide 20mg qd, MagOxide, Zofran, Protonix, Novolog, KCl, Basaglar, Metformin

F. Physical and mental functioning

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
 b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
 c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

G. Lab values

- a. Albumin and other nutrition-related lab values WNL
 b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition-related labs abnormal
 c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

No recent labs in chart

H. Skin condition

- a. Skin intact
 b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
 c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areas or edema noted

I. Additional Comments

1. Additional Comments:

Meal intakes 76-100% of Controlled CHO/NAS, Regular, Thin Liquids. Allergy to chocolate, peach, strawberry, lactose intolerant. Weight 11/6 233.6lb, +2.8lb x1mon, +8.6lb x3mon, -30.8lb (11.6% significant loss) x6mon. BMI 45.6. 60" Weight loss x6mon, overall gradual weight loss beneficial r/t BMI >30. Will continue w/ current plan of care. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/11/2025



6

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]
Category: NA
Allergies: No Known Allergies

Effective Date: 11/12/2025 10:23
Physician: Fasciana, Guy

Admission: 06/30/2021
Type: Quarterly

A. Weight status; loss or gain

1.
 - a. BMI 19-27 No weight change
 - b. <5% wt change in 30 days; <7.5% within 90 days; or <10% within 6 mo
 - c. BMI <19 or >27; >5% wt change in 30 days; >7.5% in 90 days; or >10% within 6 mo

1a. Usual Body Weight (UBW) in pounds:

[REDACTED]

2. Comments:

Weight 11/7 142.6lb, -1.2lb x1mon, -15.2lb (9.6% severe loss) x3mon, -11.9lb x6mon. Weight without significant change at 1, 3, and 6mon. BMI 22.3. 67"

B. Intake

1.
 - a. Intake meets 76-100% of estimated needs
 - b. Intake meets 26-75% of estimated needs
 - c. Intake meets <25% of estimated needs

2. Comments:

Meal intakes 76-100% w/ few outliers 51-75% of Controlled CHO, Mechanical Soft/Ground, thin Liquids. Allow oreo cookies. Resident denies any difficulty c/s and currently tolerates diet level.

C. Estimated Needs

1a. Estimated Energy Needs in kcal:

1620-1944(25-30kcal/kg)

1b. Estimated Protein Needs in grams:

65-78g (1.0-1.2g/kg)

1c. Estimated Fluid Needs in ml:

1620-1944ml (25-30ml/kg)

2. Comments:

[REDACTED]

D. Relevant conditions and diagnoses

1. Choose all that apply:

- a. HTN, DM, heart disease, or other controlled diseases/conditions
- b. Anemia, infection, CVA (recent), fracture, UTI, alcohol abuse, drug abuse, COPD, edema, surgery (recent), osteoporosis, hx of GI bleed, food intolerances and allergies, poor circulation, constipation, diarrhea, GERD, anorexia, Parkinson's
- c. Cancer (advanced), septicemia, liver failure, dialysis, ESRD, Alzheimer's, dementia, depression, dehydration, dysphagia, radiation/ chemo, active GI bleed, chronic nausea, vomiting, ostomy, gastrectomy, fecal impaction, uncontrolled diseases or conditions

2. Comments:

AFIB, HLD, Muscle Weakness, Anemia, HTN, GERD

E. Medications; Nutrition-related

Nutritional Risk Assessment / Full - V 4

Resident: [REDACTED]

Effective Date: 11/12/2025 10:23

Admission: 06/30/2021

Category: NA

Physician: Fasciana, Guy

Type: Quarterly

Allergies: No Known Allergies

1.

- a. 0 - 1 drugs/day
- b. 2 - 4 drugs/day
- c. 5 or more drugs/day

2. Comments:

Bowel meds, Zofran, Famotidine, Omeprazole, MVI, Lipitor, Ferrosul, B12, Folic acid

F. Physical and mental functioning

1.

- a. Ambulatory, alert, able to feed self, no chewing or swallowing problems
- b. Out of bed with assistance, motor agitation (tremors, wandering), limited feeding assistance, supervision while eating, chewing or swallowing problems, teeth in poor repair, ill-fitting dentures or refusal to wear dentures, edentulous, taste and sensory changes, unable to communicate needs
- c. Bedridden, inactive, total dependence, extensive or total assistance while eating, aspirates, tube feeding, TPN, mouth pain

2. Comments:

[Empty comment box]

G. Lab values

1.

- a. Albumin and other nutrition-related lab values WNL
- b. Albumin 3.0-3.4 g/DL, 1-2 other nutrition-related labs abnormal
- c. Albumin less than 3.0 g/DL, 3-5 other nutrition-related labs abnormal

2. Comments:

no recent labs in chart

H. Skin condition

1.

- a. Skin intact
- b. Stage I / II pressure ulcers or skin tears not healing, hx of pressure ulcers, stasis ulcers, incontinence
- c. Stage III / IV / UTD pressure ulcers or multiple impaired areas, suspected deep tissue injury.

2. Comments:

No staged areass or edema noted

I. Additional Comments

1. Additional Comments:

Meal intakes 76-100% w/ few outliers 51-75% of Controlled CHO, Mechanical Soft/Ground, thin Liquids. Allow oreo cookies. Resident denies any difficulty c/s and currently tolerates diet level. Weight 11/7 142.6lb, -1.2lb x1mon, -15.2lb (9.6% severe loss) x3mon, -11.9lb x6mon. Weight without significant change at 1, 3, and 6mon. BMI 22.3. Resident pleasant upon visit, food and beverage preferences reviewed. Will monitor and follow

Signed By

Signed Date

Desiree Saar, Dietician [e-SIGNED]

11/12/2025