

Reem Yaser Dasa (Masharqa)

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Profile

Reem Dasa



Skills

– SKILLS

Active and have good social relations
Full

Designing and handwork
Professional

Communication and networking skills
Full

leadership skills
Professional

quantitative and qualitative Research skills
Professional

social working
Professional

proposal writing skills
Professional



Work history

09/2013 – present
Ramallah, Palestine

Head Nutritionist Palestinian Olympic Committee (POC)

- Assessment and follow-up with all national teams about their eating habits and meal plans.
- Educate athletes about recovery and ergogenic aids
- Lectures for FIFA Couches in Palestine (All levels)
- lectures for all Athletes, coaches, and referees.
- School and university projects to educate students and parents.
- Building relations with all national sports federations

09/2016 – present
Ramallah, Palestine

Director/Doping control officer Palestine anti-doping committee

- Responsible for managing testing missions and educational plan for all levels of Palestinian Athletes
- Capacity building and education for the team.
- Building strategic plans and educational plans
- making annual and monthly reports.

09/2015 – 11/2015
United States

Internship with CANAI Program as part of the National Youth Advocate Program in the USA

National Youth Advocate Program

Health education for teenagers in the program.

Practicing the basic skills of the workers in this program.

09/2013 – 09/2022
Ramallah, Palestine

Sports Nutritionist Health club (Gym) (part time)

- Consult with all Gym participant to help them achieve their goals
- give Zumba and Spinning Classes

09/2012 – present
Ramallah, Palestine

Nutritionist Private clinic (part time)

- Consult with all participant to help them achieve their goals



Work history

02/2012 – 06/2012
Ramallah, Palestine

Member in research team

Institute of community and public health, Birzeit university

- Data collecting from all participants in the project.
- health education for the participants.

07/2011 – 10/2011
Ramallah, Palestine

UNFPA Y-peer Program

United Nations Population Fund

- Youth education in health-related issues
- building new teams and create focal points in each city



Education

2024 – 2026
Pennsylvania, USA

Master of Science in Sports and Human Performance Nutrition (MS) Marywood University

2021 – 2023

International Olympic Committee Sports Nutrition Diploma Program

2008 – 2011
Palestine

Bachelor of Science in Nutrition and Dietetics Birzeit University

2005 – 2007
Ramallah, Palestine

(Twjihi) scientific section Al-Beirah Secondary School



Honors/Awards

Fulbright Award for master's degree in USA

Thanks letters from Deanship of Student Affairs and University's social workers for volunteering and arranging many workshops and projects

Elected as the president of the Nutrition and Dietetics Club for three Years

One of the Palestinian team athletics (long Jumping) for four Years, and I was in the first place for four consecutive years



Hobbies



travelling



Zumba dance, Dabka dance



hand crafting (wood, candles, Macrame)



Every kind of sport



Strengths

Athlete

Self Motivated

Creative thinking

Working under pressure

Building teams

Leading

Logical thinking

 summary

Cultivated a strong passion for nutrition and healthy lifestyle principles through athletic pursuits, ultimately transitioning this passion into a career dedicated to promoting optimal health and wellness
Committed to educating individuals on the significance of nutrition and healthy living, utilizing my energy and expertise to advocate for healthy choices and enhance overall well-being

 Certificates

01/2025	Social Behavioral Research Researcher, Student or Sponsor The Collaborative Institutional Training Initiative (CITI Program)
01/2025	Responsible Conduct of Research (RCR) The Collaborative Institutional Training Initiative (CITI Program)
09/2023	Doping Control Officer West Asia Regional Anti-doping organization
08/2023	capacity building training West Asia Regional Anti-Doping Organization, World Anti Doping Agency
07/2023	project and proposal writing the National School for Administration and training
11/2022	"Clean Sport Educator" TOT West Asia Regional Anti-doping organization
09/2016	women Football administration course FIFA
11/2018	Doping Control and Blood Control Officer US Anti-doping Agency with West Asia regional Anti-doping Agency